

FREE Personal Training Consult

with

Gary Woolard

for

Chetola Members & Guests



Working with a personal trainer is one of the fastest, easiest and most successful ways to improve your health and fitness.

The consultation with a Chetola personal trainer will last one hour and will cover strength training, cardio and nutrition.

Call now for your
FREE 2014
consultation



Contact Gary Woolard: 828.295.5533 / gwoolard@chetola.com