

FORKS OVER KNIVES

WELLNESS DINNER

TUESDAY, FEBRUARY 21, 2012

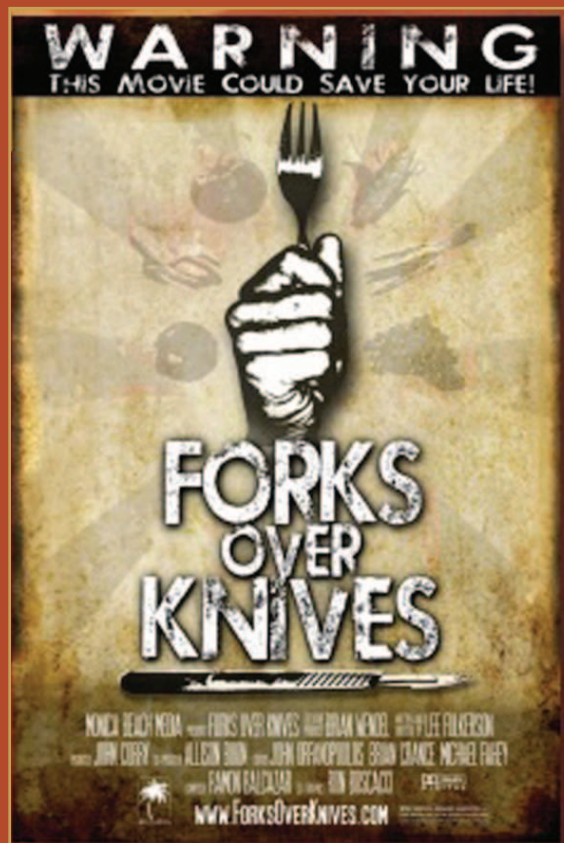
5:30-9:00PM

CHETOLA RESORT, EVERGREEN ROOM

FORKS OVER KNIVES examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting animal-based and processed foods.

"A film that can save your life." — Roger Ebert

"It's a great film!" — Sanjay Gupta, M.D.



**PHONE Q&A WITH
DR. PAMELA POPPER**

Immediately following the film is a 15-minute Q&A via conference call with Dr. Popper, a naturopath; internationally recognized expert on nutrition, medicine and health; and the Executive Director of The Wellness Forum who appears in FORKS OVER KNIVES. She is one of the co-authors of the companion book that is on the NEW YORK TIMES bestseller list.

TICKETS: \$20

Doors open at 5:30pm ♦ Plant-based dinner 6-7pm ♦ Movie & Q&A at 7pm
Cash bar ♦ Reservations required

**For reservations, call The Spa at Chetola Resort at 828.295.5531
or email spa@chetola.com**

*Sponsored by Chetola Resort's Health & Wellness Program
500 North Main St., Blowing Rock, NC*